

# Enquiries: Text and video communications

Dr Ken Gillman, Director & Principal Researcher at  
PsychoTropical Research. Chairman, Presiding Council,  
International MAOI Expert Group

## Instructions

Dr Gillman is an internationally renowned researcher and consultant with various demands on his limited retirement time: he has dedicated his career to helping people suffering from depression, especially those seeking information on the use of MAOIs. However, due to demand and the limited time, the hours he can make available are restricted. If you wish to contact him for advice abide by these instructions.

Communications that do not follow these directions, or that are disrespectful, inappropriate, or demanding, will lead to contacts being blocked.

Send (brief background) information about drug treatment via email, [ken.psychotropical@gmail.com](mailto:ken.psychotropical@gmail.com) with the e-mail subject heading **'Pre-call information' and identified with name, age, and location.**

Email replies will generally be brief. Most enquiries are more complex and require discussion via zoom/Skype, as below — a [donation](#) is usually expected prior to a call.

**The only times when I *may* be available are AEST=UTC+9.**

Monday 10 – 12 am, Wednesday 10 – 12 am, Thursday 17.30 – 18.30

Local time is displayed here <https://www.psychotropical.com/contact-dr-gillman/>

## Pre-call checklist

- Make sure you have looked at the relevant sections on my website / videos.
- Be clear in your mind as to exactly what you want to ask me and understand that, generally, I can only address specific questions about drugs and pharmacology.
- Prepare a list of the drugs (and maximum doses) you are taking, as well as those you have taken in the past, using the real names (not 'trade' names).
- A [donation](#) is expected prior to a call, unless you are financially disadvantaged.
- Whatever information you receive from me, and what you may wish to do because of it, may be discussed and agreed with the responsible prescriber of your medication (who is invited to contact me if they wish).

June 2023 Dr K Gillman